



In order to be in compliance with the required knowledge and skills, as well as with the new Senate and House bills regarding Health Education, Iola ISD's Student Health Advisory Committee (SHAC) is interested in adopting the ESTEEM program for our 8-12 grade Health class.

As part of this process, the SHAC is providing resources on the program, which are posted below. There is also a video of the presentation from our Parent Preview Night.

Frequently Asked Questions:

Q: What Senate and House bills does ESTEEM cover?

A: SB9, SB435, SB123, SB11, and HB125.

Q: Is Health required to graduate?

A: Iola ISD requires students to have one semester of Health in order to graduate.

Q: When can students take Health?

A: Health is offered to students in 8th through 12th grade, and can be taken at any time in those grade levels.

Q: Why is IISD wanting to adopt ESTEEM?

A: In order to meet the new requirements for Health, we need to add a supplement to our Health textbook. ESTEEM meets all of the requirements for Texas public schools.

Q: What age is ESTEEM appropriate for?

A: Since our Health class is of mixed ages, from 8th graders to 12th graders, it is important to us that we do not go beyond the youngest student in the room. As a result, IISD is recommending that we purchase only the **8th grade ESTEEM program (Explore)** for all of the Health students to use.

Q: Can we opt our child out of the ESTEEM program without penalty?

A: Yes. A permission form will be sent home, and you will have a choice of 3 options.

Q: How much will my child learn regarding sexual education?

A: The program only covers what is required by the state of Texas. Any topics that students bring up that go beyond that, teachers will direct the student to discuss it with their parents, medical professionals, ect.

Q: What are the next steps?

A: Over the next few weeks, we will take any feedback from parents and discuss them at the next SHAC meeting in October. The SHAC will then vote to take it to the school board for adoption approval. The school board will then vote to adopt ESTEEM at the October Board meeting.



RESOURCES

[Parent Preview Night Video Presentation](#)

[Parent Packet](#)

[Parent Follow-Up Discussion Questions](#)

[ESTEEM 8th Grade Program Requirements](#)

[Program Permission Form](#)

If you would like an 8th grade workbook, you can [order here](#) for \$4.50, or you can check out a workbook in the high school office.

You can submit your questions to our ESTEEM representative, Tonya Waite, at tonya@esteemjourney.com or to Kristin Sajewski at ksajewski@iolaisd.net